

For OS-1 consumers



Otsuka Otsuka Pharmaceutical Factory, Inc.

Water and electrolytes required by the body Oral Rehydration Solution for dehydration

OS-1

Powder Type



消費者庁許可
個別評価型
病者用食品

Approved by the Consumer
Affairs Agency of Japan
Individually evaluated food for
persons with medical conditions

Foods approved by Consumer
Affairs Agency of Japan for persons with
medical conditions are used as part of
diet therapy in specified conditions
and have supporting medical
and nutritional data.

For 1L (30g)



OS-1 Powder(Aluminum pouch,
carton:30 g × 7 pouches)
Content:30 g(for 1 L)

For 500mL (15g)



OS-1 Powder(Aluminum pouch, carton:15 g × 10 pouches)
Content:15 g(for 500 mL)

OS-1 is useful for mild to moderate dehydration.

Oral Rehydration Solution

経口補水液

OS-1

オーエスワン® パウダー

Powder Type



消費者庁許可
個別評価型
病者用食品



POINT 1

Approved by Consumer Affairs Agency of Japan as a food for persons with medical conditions.



POINT 2

Recommended for use in infants to elderly with light to moderate dehydration.



POINT 3

Can be used in conditions such as diarrhea, vomiting, and fever resulting from infectious enteritis or common cold, insufficient oral intake in elderly persons, and dehydration caused by excessive sweating.



POINT 4

OS-1 can also be used for heatstroke associated with dehydration.

30g (for 1L)



■ Dissolve one pouch (30 g) in 1 L of water (measure accurately using a measuring cup), and drink. To ensure effective use of this product, dissolve completely.

1.

Measure 1 L of water.

1L



2.

Add one pouch of OS-1 Powder.

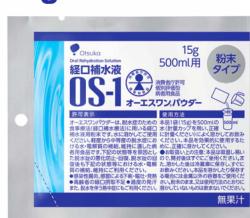


3.

Dissolve completely, then drink.



15g (for 500mL)



■ Dissolve one pouch (15 g) in 500 mL of water (measure accurately using a measuring cup), and drink. To ensure effective use of this product, dissolve completely.

1.

Measure 500 mL of water.

500mL



2.

Add one pouch of OS-1 Powder.



3.

Dissolve completely, then drink.



■ Precautions for Handling

This product is likely to absorb moisture. Use soon after opening. After dissolving, this product should be stored in a refrigerator and consumed promptly. When dissolving or storing this product, use a non-metal container. Do not consume this product in powder form as is, or if prepared differently from the How to Use instructions.

■ Nutrition Facts

Item	Per 1 pouch (30 g) (for 1 L)	Per 1 pouch (15 g) (for 500 mL)
Calories	102 kcal	51 kcal
Protein	0 g	0 g
Fat	0 g	0 g
Carbohydrate	25.4 g	12.7 g
Salt equiv.	2.97 g	1.485 g
Potassium	794 mg	397 mg
Magnesium	25 mg	12.5 mg
Phosphorus	63 mg	31.5 mg
Glucose	18.3 g	9.15 g
Chloride	1801 mg	900.5 mg

OS-1 powder is managed in the same way as foods that meet the standards for babies.

■ Concentrations of Main Ingredients

Ingredient	After dissolving 1 pouch (30 g) in 1 L water After dissolving 1 pouch (15 g) in 500 mL water
Na ⁺	50 mEq/L
K ⁺	20 mEq/L
Cl ⁻	50 mEq/L
Glucose	1.8%

■ Ingredients

Glucose (domestic manufacturing), maltodextrin, sodium chloride / Sodium citrate, potassium chloride, sodium phosphate, starch adhesive (pullulan), magnesium carbonate, sweeteners (sucralose, thaumatin), flavoring agent

(Approved Labeling of OS- 1 Powder)

OS-1 powder is an oral rehydration solution used in dietary therapy (oral rehydration therapy) for dehydration. This product is approved as a food for persons with medical conditions and is intended to provide water and electrolytes in order to maintain proper water and electrolyte balance in persons with mild to moderate dehydration.

OS-1 powder can be used to prevent worsening of and aid in recovery from dehydration caused by the following conditions. OS-1 powder can also be used to provide or maintain water and electrolytes in the following conditions after recovery from dehydration.

- Diarrhea, vomiting, or fever associated with infectious enteritis or the common cold
 - Insufficient oral intake in elderly persons
 - Excessive perspiration
- OS-1 powder can also be used for heatstroke associated with dehydration.

(Instructions for use)

In cases of dehydration, drink appropriate amount based on daily adequate intake below.

6 years to adults (including elderly)	500~1000 mL/day
Toddlers	300~600 mL/day
Infants	per 1 kg 30~50 mL/day

Use as directed by a physician as a dietary therapy for dehydration. Consult a physician, pharmacist, nurse, or dietitian before consuming OS-1 powder. OS-1 powder is intended only for the dietary treatment of dehydration, not for the treatment of any underlying disease (even if a large volume is consumed).

Foods approved by Consumer Affairs Agency of Japan for persons with medical conditions are used as part of diet therapy in specified conditions and have supporting medical and nutritional data.

Distributor **Otsuka Pharmaceutical Factory, Inc.**
Codistributor **Otsuka Pharmaceutical Co., Ltd.**

